

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 16:00 untill 16:55. Teamleadmeeting @ 16:15 The listed starttimes are indicative!

Coaches: Claes Steven

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 400M FREESTYLE MEN 11+							Heat:1, starttime: 17:05	
Heat: 1/3 Lane : 3 Athlete: VAN DER MEIREN WILLIAM							Q-time: 05:54:31	
PB (25m pool): 05:54.31 Zwembad De Motte 20/06/2026			PB (50m pool): 06:25.93 SB: 05:54.31 Zwembad De Motte 20/06/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:26.02		no time		02:56.31
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:54.31
								

Coach feedback:

Event number: 3: 400M MEDLEY WOMEN 11+							Heat:1, starttime: 17:25	
Heat: 1/1 Lane : 5 Athlete: TRIOEN JOKE							Q-time: 05:31:15	
PB (25m pool): 05:27.87 Leuven 20/10/2024				PB (50m pool): 05:36.71 SB: 05:31.15 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:35.36		01:18.47		01:59.88		02:41.36
	00:35.36		00:43.11		00:41.41		00:41.48	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:25.33		04:11.76		04:50.57		05:27.87
	00:43.97		00:46.43		00:38.81		00:37.30	
								

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11+										Heat:1, starttime: 17:35	
Heat: 1/3 Lane : 3 Athlete: VAN DER MEIREN WILLIAM										Q-time: 00:35:27	
PB (25m pool): 00:36.50 Kapelle-op-den-Bos 19/04/2026					PB (50m pool): 00:35.27 SB: 00:36.50 Kapelle-op-den-Bos 19/04/2026						
	2 5 M		5 0 M								
PB			00:36.50								
			00:36.50								
											

Coach feedback:

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Event number: 8: 100M FREESTYLE MEN 11+					Heat:2, starttime: 17:45
Heat: 2/4 Lane : 7 Athlete: PUTTAERT ARTHUR					Q-time: 01:00:63
PB (25m pool): 01:00.63 Dilbeek 28/09/2025			PB (50m pool): 01:02.59 SB: 01:00.63 Dilbeek 28/09/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.91		01:00.63	
	00:28.91		00:31.72		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 18:40
Heat: 1/2 Lane : 4 Athlete: TRIOEN JOKE					Q-time: 01:22:51
PB (25m pool): 01:20.94 Leuven 15/10/2023			PB (50m pool): 01:23.35 SB: 01:22.51 Leuven 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:20.94	
	no time				
					

Coach feedback:

Event number: 18: 100M BREASTSTROKE MEN 11+					Heat:1, starttime: 18:45
Heat: 1/1 Lane : 2 Athlete: PUTTAERT ARTHUR					Q-time: 01:18:08
PB (25m pool): 01:18.08 Liedekerke 11/11/2025			PB (50m pool): 01:18.20 SB: 01:18.08 Liedekerke 11/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.61		01:18.08	
	00:36.61		00:41.47		
					

Coach feedback:

Event number: 18: 100M BREASTSTROKE MEN 11+					Heat:1, starttime: 18:45
Heat: 1/1 Lane : 7 Athlete: VAN DER MEIREN WILLIAM					Q-time: 01:43:81
PB (25m pool): 01:49.53 Ternat 14/12/2025			PB (50m pool): 01:43.81 SB: 01:49.53 Ternat 14/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:52.89		01:49.53	
	00:52.89		00:56.64		
					

Coach feedback:

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Event number: 25: 100M BUTTERFLY WOMEN 11+					Heat:1, starttime: 19:10
Heat: 1/1 Lane : 3 Athlete: TRIOEN JOKE					Q-time: 01:12:91
PB (25m pool): 01:12.91 Ternat 29/03/2026			PB (50m pool): 01:13.25 SB: 01:12.91 Ternat 29/03/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.24		01:12.91	
	00:33.24		00:39.67		
					

Coach feedback:

Event number: 32: 200M MEDLEY MEN 11+							Heat:1, starttime: 19:45	
Heat: 1/1 Lane : 5 Athlete: PUTTAERT ARTHUR							Q-time: 02:27:96	
PB (25m pool): 02:27.96 Vilvoorde 01/03/2026			PB (50m pool): 02:29.25SB: 02:27.96 Vilvoorde 01/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.99		no time		no time		02:27.96
	00:31.99							
								

Coach feedback: